

Confidential Service for Young People and Families



INSIGHT

020 8960 5510

[www.blenheimcdp.org.uk](http://www.blenheimcdp.org.uk)

Drug & Alcohol Interventions  
for Young People & Families

Drop In - Advice and  
Information

Telephone Support

Diversiory Activities

Outreach  
Satellite Service

Telephone & Internet Access

Housing Support

Gym

Employment &  
Education Support

Sexual Health Services

We believe in people's  
capacity to change



## INSIGHT

If you are under 25, and want some help and advice, Insight is a project that is just for you. For more information please call in for an informal and confidential chat.



**Opening Hours:**  
Monday - Friday  
10.00 am - 5.30 pm  
**Extended Hours:**  
Tuesday  
5.00pm - 9.30pm

**CONTACT**  
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