

Coming to
Redbridge Autumn 2017

Journey to **RECOVERY**

We are capturing and telling the stories of people in recovery from substance misuse in Redbridge.

Exploring how treatment has changed and what we can learn from it.

This is a great opportunity for volunteers in recovery to learn interesting and unique skills that will help them with future roles and life skills.

Join us for the Launch

*Wednesday 18th October at 1pm
IT Suite, R3 ETE (1st Floor), Ilford Chambers,
11 Chapel Road, Ilford IG1 2DR*

We are looking for 20 volunteers to take part in this exciting project. Skills you will learn include:

- Audio/video recording skills
- Interviewing techniques
- Creating publicity leaflets
- Photography
- Poetry/art skills
- Website design
- Using social media
- Film making

If you are in recovery and would like to get involved then please call us.

Contact Information

Karen Salahi, Programme Manager
07725 264 407
k.salahi@blenheimcdp.org.uk

Blenheim and Eastside Community Heritage are working in partnership, funded by the Heritage Lottery Fund