

The blow  
doesn't  
have to be  
physical to

hurt

If you are experiencing **domestic abuse** there is free and confidential support available

**National 24 hour Helpline**

**0808 2000 247**

**LGBT+ Helpline**

**0800 999 5428**

Blenheim is a charity that provides support to people who use drugs and alcohol, their families and friends.

[www.blenheimcdp.org.uk](http://www.blenheimcdp.org.uk) - [info@blenheimcdp.org.uk](mailto:info@blenheimcdp.org.uk)  
Charity No. 293959 Company No. 1694712

